

Dr. Olita Shilpakar, MD, DM Emergency Medicine, FRCP (Edinburgh), is an Assistant Professor and a Consultant Emergency Physician in the Department of Emergency Medicine, Maharajgunj Medical Campus, Institute of Medicine, Tribhuvan University Teaching Hospital. She is one of the first female emergency physicians in the history of Nepal to be trained in Emergency Medicine with a Doctorate degree. She serves in the executive board of the Nepalese Society of Emergency Physicians (NSEP) and is also a Fellow of the Royal College of Physicians of Edinburgh. She has been working with the World Health Organization Nepal and the Department of Health Services, Ministry of Health and Population of Nepal in numerous projects which also includes her involvement as the team leader in the development of the first ever national document on Standard Treatment Protocol (STP) of Emergency Health Services. Her diverse interest and experience in research includes supervision of randomized controlled trials being conducted by OUCRU-NP (Oxford University Clinical Research Unit- Nepal) and also her involvement as an active member of the Research Department of the Institute of Medicine, Tribhuvan University. She is an American Heart Association certified BLS, ACLS and PALS instructor and is an IFEM accredited BEC (Basic Emergency Care) Trainer. She has coauthored numerous chapters with international authors and published textbooks on emergency medicine and prehospital care for medical doctors, nurses and paramedics.

She has been awarded the Nepal Bidya Bhusan Padak “A” the most prestigious literary award presented by the Ministry of Education, Government of Nepal conferred by the President of Nepal for her PhD degree in Emergency Medicine. For her impressive contribution towards the development of Emergency Medicine as a female emergency physician, she was awarded the Academy for Women in Academic Emergency Medicine (AWAEM) And Global Emergency Medicine Academy (GEMA) Award at the SAEM23 (Society of Academic Emergency Medicine) held at Austin, Texas, USA in 2023. She has been recently nominated as the Vice Chair of the Emergency Medicine Practice Committee, IFEM (International Federation for Emergency Medicine) during the prestigious ICEM2025 at Montreal, Canada where she also delivered her talk as an Invited Plenary speaker. She is focused on advancing emergency medicine and hopes to continue her work and promote young physicians to pursue this field and strengthen the quality of emergency care in the country.